# Galen Medical Nutrition



# **PKU EASY Microtabs**

## **DESCRIPTION:**

Use under medical supervision.

PKU Easy Microtabs are a phenylalanine free medical food substitute tablet, containing essential and non essential amino acids.



#### **INDICATIONS:**

PKU Easy Microtabs are suitable to be used in the dietary management of proven Phenylketonuria (PKU) in patients aged 3 years and above under strict medical supervision.

#### DOSAGE:

Dosage to be determined by the clinician or dietician and is dependent on the age, body weight and medical condition of the patient.

The lid of the bottle can be used to measure the tablets. When the lid is filled level with tablets, the content is equal to 10g of protein or 14g tablets = 10g protein (approx).

#### **ADMINISTRATION:**

PKU Easy Microtabs are small coated (slow release) tablets which are to be swallowed whole with liquid. They can also be taken with cold foods such as applesauce, jam or phe-free pudding. Due to the coating used, PKU Easy Microtabs should not be chewed and have minimal taste.

#### STORAGE:

Store in a cool, dry place

## **CARTON SIZE:**

4 x 110 grams

#### SHELF LIFE:

18 months. Once opened, the product should be consumed within one month.

#### Important Notice:

- Must only be given to patients with proven PKU under strict medical supervision.
- Suitable from 3 years of age.
- · Not for use as a sole source of nutrition.
- Diet must be supplemented with natural protein, water and other nutrients in prescribed quantities to supply phenylalanine, fluid and general nutritional requirements.
- · For enteral use only.

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## **NUTRITIONAL INFORMATION PER 100 GRAMS:**

Energy	1678	kJ
	396	kcal
Protein equivalent	70.8	g
Amino acids	85.04	g
Fat	3.6	g
of which saturated fat	3.59	g
Carbohydrate	13	g
of which sugars	0	g
Fibre	3.7	g
Salt	1.0	g

#### AMINO ACIDS PER 100 GRAMS:

L-Alanine	3.07	g
L-Arginine	4.9	g
L-Aspartate	7.76	g
L-Carnitine	0.08	g
L-Cystine	2.01	g
Glycine	7.68	g
L-Glutamine	6.02	g
L-Histidine	3.07	g
L-Isoleucine	5.31	g
L-Leucine	8.27	g
L-Lysine	5.5	g
L-Methionine	1.42	g
L-Phenylalanine	0.00	g
L-Proline	5.54	g
L-Serine	3.42	g
L-Threonine	5.31	g
L-Tyrosine	7.78	g
L-Valine	6.13	g
Taurine	0.12	g
L-Tryptophan	1.65	g
Total	85.04	g

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